

Parent/carer Support Groups

2024

April

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	▲16	17	18	19	20	21
★22	●23	24	25	26	27	28
29	◆30					

May

Mo	Tu	We	Th	Fr	Sa	Su
		■1	2	3	4	5
6	7	●8	9	10	11	12
★13	14	■15	16	17	18	19
20	●21	22	23	24	25	26
▲27	◆28	■29	30	31		

June

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
					3	4
					5	6
					7	8
					9	10
					11	12
					13	14
					15	16
					17	18
					19	20
					21	22
					23	24
					25	26
					27	28
					29	30

Online session ◆

Tuesdays 7-8pm
Email to request Zoom link

On the road ■

Wednesdays 10.30am - 12pm
Locations list on website

Parent/carers of teens ★

The Old Schoolhouse, Westhill
Mondays, 7-8.30pm

Coffee morning ▲

Find out more about how we
support parents and carers
Belgrave House, Aberdeen, 10am-12pm

City session ●

Belgrave House, Aberdeen
Tuesdays, 10-11.30am

More dates and locations across Aberdeenshire coming soon!

Dates and times are subject to change.